WHAT IS SEXUAL CONSENT?

POSITIVE
Showing in words and actions that you freely agree to participate in a sexual activity.
Needs an enthusiastic YES, it must be clear.

ONGOING
Continuing to give permission throughout the sexual encounter. You can withdraw your consent at any time.
Consent is asking every time - an ongoing process of giving and getting permission.

INFORMED
Consent must be given by someone who is willing and able to express themselves coherently.
Consent must be informed. It is knowing the risks and benefits and choosing to proceed.
Consent is wanting to do something, not feeling like you have to or should do it.

WHAT CONSENT ISN’T
Consent is NEVER implied. The absence of a NO is not a YES.
Saying yes to one act doesn’t mean someone has said yes to others. If the conditions of the act change, consent is no longer valid.
Consent may be compromised by an existing power imbalance within a relationship.
Silence is NOT consent.
Consent cannot be obtained through coercion, psychological or emotional manipulation, physical violence, or threat.

PUTTING IT IN PERSPECTIVE

1 in 4 North American women will experience SEXUAL ASSAULT during their lifetime.
80% of those cases will be perpetrated by someone they know.

1 in 2 TRANSGENDER PEOPLE are sexually abused or assaulted.

Almost all Canadians agree that sexual activity between partners should be consensual but 67% DON’T UNDERSTAND what consent means.

In 2019, 16.6% of QUEEN’S STUDENTS reported experiencing sexual touching without their consent.

STEPS FOR STUDENTS TO TAKE AFTER A RECENT SEXUAL ASSAULT

Queen’s is committed to providing non-judgmental sexual violence support and response.

1. GO TO A SAFE PLACE
   For safety assessment and planning, call:
   Queen’s 24hr Emergency Response Centre
   613-533-6111
   or
   911

2. SEEK MEDICAL ATTENTION
   For confidential services, call the Sexual Assault/Domestic Violence Program, Kingston Health Sciences Centre (KHSC) Emergency Dept. – KGH Site
   613-549-6666 Mon-Fri: 8am to 4pm
   After hours call 613-548-3232, press 0
   ask for the SV/DV nurse
   Services include:
   • Emergency medical care
   • Testing and treatment for sexually transmitted infections, HIV, and pregnancy
   • Forensic evidence collection (including the Sexual Assault Evidence Kit).
   Call or go to Health Services
   Mitchell Hall, 1st floor
   69 Union Street
   613-533-2506

3. GET SUPPORT
   To seek support contact
   • Barb Lotan, the Queen’s University Sexual Violence Prevention and Response Coordinator for information and to review your options (referrals, accommodations, and filing a complaint)
     bjl7@queensu.ca or 613-533-6330
   • Counselling Services
     Mitchell Hall, 1st Floor
     69 Union Street
     613-533-2506
     Ask for a referral to the Sexual Violence Counsellor
   For peer support visit: AMS Peer Support Centre
   JDUC Rooms 26 and 34 613-533-6000 ext. 75111
   or email psc@ams.queensu.ca
   Information about additional resources can be found at queensu.ca/sexualviolencesupport

4. EXPLORE OPTIONS
   To find out more about filing an internal complaint, contact:
   Barb Lotan
   Sexual Violence Prevention and Response Coordinator
   bjl7@queensu.ca
   Weekdays, daytime hours
   613-533-6330

   To report directly to Kingston Police Services, contact:
   613-549-4660

   Campus Security and Emergency Services:
   can help with reports to Kingston Police
   613-533-6733

24/7 CRISIS AND SUPPORT LINE
Sexual Assault Centre
Kingston
613-544-6424

TO HAVE SOMEONE ACCOMPANY YOU TO THE HOSPITAL
SEXUAL ASSAULT CENTRE KINGSTON
613-544-6424 (Crisis Line 24/7)

SEXUAL HEALTH RESOURCE CENTRE
JDUC Room 223
shckingston.org
613-533-2959

FOR EVIDENCE COLLECTION, TRY NOT TO:
• shower, bathe, or use the washroom prior to a medical exam
• change, wash, or destroy clothing
• clean up the scene

Choosing to disclose what happened to seek support does not initiate a complaint process. You are never required to file a complaint of sexual violence with the University or with the police. If you choose to submit a complaint, you may determine your level of participation in the formal process.

ADDITIONAL PROFESSIONAL COUNSELLING OPTIONS
Counsellors are also available in residences, athletics, Four Directions, and some faculties and schools (Graduate Studies, Engineering, Commerce, Education, Medicine, Arts & Science).

To find more information about counselling services on campus visit:
queensu.ca/studentwellness/counselling-services